

## RN Delegation Worksheet for 22 TAC Chapter 225

To be completed by registered nurse and attached to comprehensive assessment.

Individual	Date
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**Black Box** indicates that selection is not available per 22 TAC Chapter 225 for stable and predictable conditions.

(Some things **may** be eligible for delegation in 22 TAC Chapter 224 for Acute Conditions, however this worksheet only addresses Chapter 225.)

**Nursing Tasks.** Require professional judgment and may not be performed by anyone other than a licensed nurse.

**Delegated Task.** An authorized nursing service not requiring professional nursing judgment provided by unlicensed personnel who is taught and monitored by an RN. [§225.4(6)]. This can include ADLs and HMAs the RN has assessed to be complex in nature. See Delegation Criteria at §225.9, §225.10 for stable and predictable conditions as defined in §225.4(11).

**Health Maintenance Activity (HMA) Exempt from Delegation.** The individual has a single identified Client Responsible Adult (CRA) whose knowledge, abilities and availability qualify this allowable task as an HMA listed in §225.4(8) as eligible for exemption from delegation and is appropriate per RN judgment. Tasks must be related to stable and predictable conditions and may be performed without RN supervision if the CRA is willing and able to train the unlicensed person(s) in performing the task at least once to assure competence and will be immediately accessible in person or by telecommunications to the unlicensed person(s) when the task is performed. §225.4(8), §225.8.

**Activity of Daily Living (ADL)** – A non-complex activity that an individual may perform as part of a normal daily routine.

Nursing only	Delegated Task	HMA	ADL	Not Applicable	<b>Self-Administration of Medications</b> Individual knows how to safely take each medication (what, why) dose, route and time of each medication. The individual is competent to safely self-administer medications independently or independently with ancillary aid provided to the individual in the individual's self-administered medication treatment or regimen, such as reminding an individual to take a medication at the prescribed time, opening and closing a medication container, pouring a predetermined quantity of liquid to be ingested, returning a medication to the proper storing area, and assisting in reordering medications from a pharmacy. §225.1(3).
					Orally (Mark with X if medications are not self-administered.)
					Via gastrostomy or jejunostomy tubes (Mark with an X if medications are not self-administered.)
					Sublingually
					Topically
					Drops for eye, ears, nose; Spray for nose
					Suppositories, rectal or vaginal (Mark with an X if suppository is part of a bowel program.)
					Oxygen administration for non-acute maintenance
					Inhalation agents
					From a pill reminder box (Must be able to identify each med.)
					Insulin

Nursing Only	Delegated Task	HMA	ADL	Not Applicable	<b>Administration of Medications*</b> Administration of Medication to an individual by a paid unlicensed person(s) to ensure that medications are received safely. Administration of Medications includes removal of an individual/unit dose from a previously dispensed, properly labeled container; verifying it with the medication order; giving the correct medication and the correct dose to the proper individual at the proper time by the proper route; and accurately recording the time and dose given. §225.4(2).
					Orally (Mark with an X if meds are self-administered.)
					Via gastrostomy or jejunostomy tubes (Mark with an X if meds are self-administered.)
					Sublingually
					Topically
					Drops for eye, ears, nose, Spray for nose
					Suppositories, rectal or vaginal
					Rectal suppositories as part of a bowel program
					Inhalation agents for routine maintenance and prophylaxis
					Inhalation agents for other than routine maintenance
					Oxygen administration for non-acute maintenance
					Insulin - Refer to §225.11 for specific requirements.
					From a pill reminder box Refer to §225.11 for specific requirements.

Nursing Only	Delegated Task	HMA	ADL	Not Applicable	Additional health-related tasks
					Feeding and irrigation via gastrostomy or jejunostomy tube ( <b>not</b> naso-gastric <b>not</b> Dobhoffs)
					Feeding
					Meal preparation
					Routine trach care including instilling normal saline, routine suctioning, routine oxygen
					Trach care <b>other</b> than routine cleaning, instilling saline, routine suctioning and routine oxygen
					Stage I decubitus routine care (blanches with pressure)
					Care of broken skin with low risk of infection
					Non-invasive and non-sterile treatments with low risk of infection
					Sterile procedures involving a wound or anatomical site that could potentially become infected
					Hair/Skin care
					Bathing
					Bowel program limited to suppositories, enemas, manual evacuation, digital stimulation
					Stoma care including but not limited to pouch changes, measuring intake and output, and skin care surrounding stoma
					Bladder program including intermittent catheterization ( <b>not</b> Foleys) and irrigation
					Toileting
					Dressing
					Grooming
					Transfer/Ambulation
					Exercise
					Positioning
					Range of motion
					Collecting, reporting and documentation of data including:
					Vital signs
					Height/weight
					Environmental conditions
					Comments r/t plan of care
					Behaviors
					Reinforcement of health teachings provided by RN

**Additional Nursing Tasks. Skilled Nursing performed by a non-waiver.**

\_\_\_\_\_, RN \_\_\_\_\_, RN \_\_\_\_\_  
Print Signature Date